



- \$100 Drawing – Friday, October 15, 2021
- \$150 Drawing – Friday, October 22, 2021
- \$250 Drawing – Friday, October 29, 2021
- \$500 Drawing – Friday, November 5, 2021
- \$1,000 Drawing – Friday, November 12, 2021
- \$10,000 GRAND PRIZE DRAWING Friday, November 19, 2021

Tickets cost \$100 and only 400 will be sold. One random winner will be chosen every Friday. Proceeds benefit the residents of Cedar Lane. RESIDENTS ARE WELCOME TO BUY TICKETS FOR A CHANCE TO WIN. CONSIDER SPLITTING THE COST OF A TICKET WITH YOUR FRIENDS AND NEIGHBORS!

JOIN US IN WELCOMING Two New Team Members



Phil Connelly
Maintenance Tech



Tracey Harms
Front Desk Receptionist



TENANTS ASSOCIATION OFFICERS

- Sharon Best, President
- Jim Hutchison, Vice President
- Ginny Robertson, Secretary



ClearCaptions® Ice Cream & Pie Social

Do you have trouble hearing people on the phone? Learn how you can get a free Caption Phone and free telephone line.
**Thursday, October 28, 2021
10:00 AM in the Dining Room**

4 Autumn Safety Tips For Seniors

Get the flu vaccine. The Centers for Disease Control recommends that adults aged 65 and older get a flu vaccine each year, ideally by the end of October.

Be wary of tripping hazards. People generally experience stiffer joints in colder weather. Not only might it be a bit harder to move around, but it gets dark out early. Keep your apartment floors clear and be wary of wet ground when going outside.

Stay warm. As you get older, your risk of suffering hypothermia goes up. Dress in layered, loose-fitting clothing. Dress warmly and wear a hat when going outside.

Protect your skin. Indoor air becomes arid thanks to household heating systems. With age, our skin gets thinner and more prone to dryness and tears that can lead to infections. Stay hydrated by drinking plenty of fluids, eating soup, using a humidifier and skin moisturizer.

Strollings

COMMUNITY NEWSLETTER



FALL 2021



Mark your calendars!
All residents are invited to a free outdoor cookout on **Friday, October 15, 2021** starting at 1PM in the patio area. Come hungry!



10 AM CONFERENCE CALL
Monday, October 18, 2021

- Vote in our new Board Members
- Hear this year's accomplishments
- Learn what's next for Cedar Lane

Instructions on how to call in will be coming to your door soon!



Daylight Savings ends at 2 a.m. on Sunday, November 7, 2021. Remember to set your clocks back one hour before going to bed the Saturday before to return to standard time.



Connecting Threads

Jessie Seymore Honors Five Generations in Her Family Quilt



Every quilt tells a story. For this impressive quilt made by Cedar Lane resident Jessie Seymore, it's the story of a family tree, which started in New York when her parents met while working at the same paper factory.

Jessie dedicated a year of her life to handcrafting this quilt, which pays tribute to five generations of her kinfolk. Included in the design are the five states where her loved ones have lived, hand-embroidered roses, and the names of more than 40 family members.

To Jessie we say, may your memories – and your fantastic quilt – keep you warm!

Cheers to 90+ Years!



Pearl Hackett, Born August 4, 1925. Pearl Hackett was born on a Norwegian ship. She came to America in the 1940s and made her way to Broadway, where she worked as a dancer and model. Later, Pearl worked for The Enterprise newspaper and flew with the Blue Angels while covering the Airshow at the Patuxent River Naval Base. She describes her airborne adventure as “exciting, thrilling, and beautiful.” Pearl has three daughters and six grandchildren.

Pauline Stachelczyk, Born January 27, 1926. Pauline Stachelczyk was born a coal miner’s daughter in Homer City, Pennsylvania. She graduated high school in 1945 and was married in 1949. She and her husband welcomed three sons. Pauline worked as a machine operator and exercise instructor. Over the years, Pauline’s favorite hobby was gardening.



Estelle Elliot, Born July 28, 1926. Estelle Elliot was born in North Carolina’s Outer Banks. She met her husband Edward in school and they were married in Norfolk, Virginia. Together they had two children who gave them three grandchildren. Estelle taught 4th, 5th and 6th grade at Baker Street Elementary in Richmond, Virginia. Her proudest achievements are working with the public, meeting a lot of people and making a difference in their lives.

Kit Spalding, Born January 13, 1927. Kit Spalding was born in Old St Mary’s Hospital in Leonardtown. The oldest of ten children, Kit and her siblings lost their mother at a young age. When she finished high school, Kit trained simultaneously as a nurse and a Sister of Mercy. She spent 25 years in the convent, then went to work for the State of Maryland, supervising community mental health facilities and supporting children and families.



George Herron, Born August 28, 1927. As a child, George learned to appreciate the simpler things in life, like playing piano and watching westerns and football on TV. His favorite childhood memory is participating in plays in church. As an adult, his career took several surprising turns, from the U.S. Intelligence Community to a printing company, to driving a tour bus in Washington DC. George has four children, nine grandchildren and seven great-grandchildren.

Lou Marley, Born December 4, 1927. Lou Marley grew up in Washington, D.C. After graduation, she took a position with the Justice Department, working with the Assistant Attorney General of the United States. From there, she had an advertising career with the Washington Post. Lou married her husband William Harris Marley here in Maryland. They had three children. Today, Lou’s family includes three grandchildren and one great-grandchild.



Dorothy Sickle, Born March 1, 1928. Dorothy Sickle grew up one of nine children in the Greenwell family. Dorothy married William Joseph Sickle on February 1, 1947 at St. Aloysius Catholic Church in Leonardtown. They raised five children, all of whom earned college degrees. For many years, Dorothy and Joe sang together in the Senior Vibes. Today she is blessed with 12 grandchildren and four great-grandchildren.

Cedar Lane celebrates the residents who have reached the milestone birthday of 90... or better!



Raul Bergery, Born December 18, 1928. Raul Bergery grew up one of seven children in Cuba. At the age of 16, he started work as a shoemaker and built his own business making crocodile shoes for tourists in Havana. To escape the Cuban Revolution, Raul legally emigrated to America with his wife Rosalia and two sons. The family lived in Puerto Rico for 50 years, where Rosalia became involved with community leadership and Raul opened a cafeteria. He feels eternally grateful to Emma Morris, who speaks his language and helped him to move in to Cedar Lane.

Jessie Seymore, Born February 2, 1929. Jessie Seymore’s childhood memories include swimming in the local watering hole to cool off during hot summers, and travelling to Virginia to help cut tobacco. Her father built the Friendly Tavern in Great Mills, and her parents ran it together for years. It was in this tavern that Jessie met her husband Harold. They went on to have three children. Today, Jessie’s extended family includes six grandchildren and 13 great-grandchildren.



Sally Lehman, Born June 17, 1929. Sally Lehman was born in White Plains, New York. She recalls growing up in the days when everything was rationed - from shoes to sugar. She met her husband Roy in college and the two were married in 1950. They welcomed two children. Today the family has grown to four grandchildren and five great-grandchildren. Sally’s proudest accomplishments are her long, happy marriage, two lovely children, and the things she has taught herself to do.

Frank Votta, Born August 11, 1929. Frank Votta was born in Philadelphia, Pennsylvania. His favorite childhood memories center on his high school days, and a dog named Frisky. On April 21, 1956 at St. Paul’s Catholic Church in South Philly, Frank married the love of his life, Rosarie Pinto. They welcomed a son in 1964 and a daughter in 1976. After retirement they moved to Ocean City, MD where they enjoyed the beach, the boardwalk and the local casino.



William Gast, Born May 15, 1930. William Gast was born in Pittsburgh, Pennsylvania. An only child, William particularly enjoyed playing baseball with other kids in the neighborhood. His aptitude for numbers led him to a career as a Civil Service budget analyst. He married his wife, a registered nurse, in 1956. They raised seven children. Today the family includes 12 grandchildren and four great-grandchildren. William is still a big baseball fan.

Warren Thompson, Born January 10, 1931. As a young man, he held a succession of jobs, from setting up bowling pins and stripping tobacco to working at the AMP food store in Leonardtown as a meat cutter. He went on to own the Third Base Commerce Store, and served as postmaster for Loveville. Warren married the love of his life, Maralyn, in 1955 and they had two children. Today his family has grown to include two grandchildren and six great-grandchildren.



Joan Eckardt, Born March 28, 1931. Joan Eckardt was born in Brooklyn, New York just two months before the Empire State Building opened in Manhattan. Joan didn’t have to look far to find the man of her dreams – he lived right around the corner. They were married for 60 years. Joan’s proudest accomplishment is raising four children, who have blessed her with six grandchildren, four great-grandchildren and one great-great-grandchild who was born last November.