



New Dental Clinic Now Open!

(301) 645-3556
45870 East Run Drive
Lexington Park, MD
Open Mon-Fri: 8am-4:30pm
(closed for lunch from 12-1pm)

Oral Exams	Cleanings
Sealants	Extractions
Restorations	X-rays
Root Canals	Crowns
Bridges	Dentures

United Healthcare and Blue Cross/Blue Shield Dental Plans accepted.

No insurance? The clinic offers a sliding fee scale based on income.

VA Outpatient Clinic Opens



240-237-1625
45870 East Run Drive
Suite 300
Lexington Park, MD

Calling all Cedar Lane veterans-- the new 8,000 square foot Veterans Affairs Community-Based Outpatient Clinic in Lexington Park provides safe and quality primary care, mental health, comprehensive women's health care, social work services, telehealth, nutrition counseling, pharmacy consulting, and laboratory services. The clinic is also home to veterans' service organizations and VA community partners that connect veterans to resources and services offered in the community.

Gift & Gratuity Reminder

This is a friendly reminder that staff members are not permitted to accept individual gifts or tips.

If you wish to acknowledge our team members this holiday season, consider donating to the Employee Recognition Fund through Friends of Cedar Lane. Your gift will help offset the cost of employee appreciation events. Donations to the fund are accepted at the business office or the rent drop box.

Strollings

COMMUNITY NEWSLETTER



WINTER 2019

All is Bright thanks to these hardworking holiday helpers.

Some jolly "elves" from the Dr. James A. Forrest Career & Technology Center came to Cedar Lane on Wednesday, December 4, 2019 to trim our trees and deck our halls.

Under the direction of Activities Coordinator Tonya Tyer, the 19 student and staff volunteers made fast work of decorating. Thanks to the entire group for helping us get ready for the holidays.



Volunteers from Cedar Lane prepare and package the children's craft project for Leonardtown's Christmas on the Square event



Leonardtown rang in the holiday season with its annual Christmas on the Square and Annual Tree Lighting Ceremony on November 29, 2019.

To help the town prepare for this popular event, Cedar Lane residents pitched in to package 500 popsicle stick ornament kits for children to decorate.

It took our team two shifts to get all 500 craft kits sorted, bagged and ready. Thanks to everyone who volunteered!

St. Mary's County Quilters present "Quilt of Valor" to Fred Wilson, Cedar Lane's oldest veteran.

On December 12, 2019, the St. Mary's County Quilters honored 93-year-old World War II veteran Fred Wilson with a Quilt of Valor, designed to cover service members touched by war with comfort and healing.



Are you ready for the Door Decorating Contest?

The top three winners will be chosen December 23. Get creative and have fun!

Thanksgiving Dinner

We're thankful for good friends, great neighbors and delicious stuffed ham!



Jessie Seymore brings "Hand and Foot" card game from Florida to Cedar Lane



When Jessie Seymore moved into the Burch Building at Cedar Lane, she brought along more than her friendly smile and outgoing personality. Jessie introduced the Cedar Lane community to "Hand and Foot," a variation of Canasta that was wildly popular in the RV park where she lived in Florida.

"I love cards. I would play every day if I could. I like to be around people and I love the conversations," Jessie said.

According to Jessie, there are "840-some variations of the game" and in Florida, it could be played differently two miles down the road. Her version of Hand and Foot uses six decks of cards. Players are partnered up and each player receives two piles of cards: one being the "hand" and the other being the "foot." The object is to be the first at the table to discard all your cards.

Jessie's Hand and Foot games take place at 6 p.m. Mondays and Fridays in the Game Room in the Colton-Weinberg Building. The games are played for fun – and bragging rights. "Everyone is welcome, especially beginners," Jessie said. "I'll show you the basics. Come on out and have some fun with us."

Fruitcake Bars Recipe

Submitted by: Vada Chambers

Prep: 15 min.
Bake: 45 min. + cooling
Makes 8 dozen



Ingredients

- 3/4 cup butter, softened
- 1-3/4 cups packed brown sugar
- 3 large eggs
- 1 tablespoon vanilla extract
- 1-1/2 cups all-purpose flour
- 3 cups coarsely chopped walnuts
- 1-1/2 cups coarsely chopped candied pineapple
- 1-3/4 cups candied red and green cherries, halved
- 2 cups pitted dates, halved

Directions

In a large bowl, cream the butter and brown sugar until light and fluffy. Add eggs, one at a time, beating well after each. Stir in vanilla. Add flour and walnuts; mix well. Spread evenly into a greased 15x10x1-in. baking pan. Sprinkle with pineapple, cherries and dates; press lightly into dough. Bake at 325° for 45-50 minutes or until lightly browned. Cool on a wire rack. Cut into bars.

A Special Tree in Memory of a Special Man



The lavishly decorated tree currently on display in the Colton-Weinberg Building was donated to Cedar Lane in memory of the late Bob Cooper by his loving family.

This beautiful tree, which features dozens of charming owl and other woodland wildlife ornaments, was featured in the 2019 Festival of Trees event to benefit Hospice of St. Mary's.

We are grateful to Mr. Cooper's family for this meaningful gift, which will light up the holiday season for Cedar Lane residents for many years to come.